Practical Application of Orff Schulwerk Mode in College Music Teaching

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Abstract: The Orff Schulwerk is a teaching method with great influence in the field of music education in the world. It has basic and creative advantages and is conducive to improving the efficiency of music classroom teaching. The Orff Schulwerk can meet the requirements of college music teaching and stimulate students' enthusiasm for learning. This paper analyzes the important role of Orff Schulwerk in college teaching and discusses the specific strategy of Orff Schulwerk in college music teaching based on the concept of Orff Schulwerk.

1. Introduction

The Orff Schulwerk is one of the three major music education systems in the world. The core part of Orff Schulwerk is improvisation, which combines movement and dance closely to create music. The Orff Schulwerk was introduced into China in the 1980s and has become an important part of music education in China. The Orff music education course has been offered for music teaching in colleges and universities in China. The educational objective is to train high-quality practical personnel with high innovative spirit. It is conducive to the realization of the music educational objectives in colleges and universities for applying Orff Schulwerk to music teaching in colleges and universities.

2. The Orff Schulwerk.

2.1. The concept of Orff Schulwerk

Carl Orff is a famous German musician, and the new teaching system created by him is mainly based on music education. The Orff Schulwerk expresses through a variety of art and constructs a comprehensive teaching form, which is conducive to stimulating students' enthusiasm for learning and making them better be able to master music knowledge. The application of Orff Schulwerk can create a relaxed learning atmosphere and help students to have a deeper understanding of music skills.

The dissemination of Orff Schulwerk in China can be divided into three stages. Originally, the Orff music was introduced to China by Shanghai Conservatory of Music. The Orff music received the attention of college teachers after 10 years of introduction to China, and the characteristics of the Orff Schulwerk began to be explored. People have a deeper understanding of Orff music, and gradually formed the Orff music education concept with their own characteristics[1].

2.2. The characteristics of Orff Schulwerk

The specific process of Orff Schulwerk has the characteristics of originality, participation and creativity. Music education mainly takes human thoughts as the teaching philosophy. Music teaching should focus on people. The Orff Schulwerk carries out teaching activities around creativity through students' full participation in teaching. In music teaching, students should be guided to take an active part in it and be cultivated with their musical literacy. The Orff Schulwerk learns singing and dancing through improvisation. The purpose of the Orff Schulwerk is to comprehensively teach different art forms such as singing and dancing. Only when Orff Schulwerk is used comprehensively can all-round musical personnel be cultivated.

The original nature of Orff Schulwerk includes simplicity, practicality, creativity and comprehensiveness. Simple and rustic music can touch an emotional chord with people. The Orff

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Schulwerk brings the original tools in nature into the classroom, giving people a sense of returning to nature. The Orff Schulwerk is non-inculcation, requiring students to participate in it and perform with their own bodies. Orff said that impromptu rhythm is the fulcrum, and the free and open music teaching mode that is completely improvised is the most outstanding foothold. Orff music needs creative transformation, and all creativity should be encouraged. The Orff Schulwerk combines elements of dance and language, with the aim of stimulating human nature and discovering the full potential of students.

3. The applied role of Orff Schulwerk in colleges and universities

Composition is the transformation of people's thoughts and emotions and external factors. Music is the expression of human emotions[2]. The Orff Schulwerk emphasizes the communication between music and inner emotions, so that students can express their emotions while learning music. Orff believes that teachers should think about teaching from the perspective of students' psychology. The application of Orff Schulwerk should focus on the students' sense of supervision and carry out characteristic music teaching, making students feel the joy of learning music in teaching activities.

Students enrolled in college music colleges are generally high school graduates. Students generally lack learning experience in music. The training of students' music skills should not be paid too much attention to. We should make use of music learning to improve students' comprehensive quality. The teaching philosophy for college music majors is to cultivate students' musical expressiveness. The Orff Schulwerk is conducive to achieving teaching objectives and can make up for and transform the shortcomings in traditional teaching. The traditional teaching model ignores the teaching objectives of students' all-round development. The Orff Schulwerk is conducive to helping introductory students to learn and to actively participate in music teaching.

In the situation of comprehensively implementing quality education in China, Orff's educational thoughts are in the same vein as the people-oriented educational philosophy. Orff's music education theory conforms to the core values of the new century, which emphasizes the foundation and equality of music teaching and adapts to the reform direction of music teaching in colleges and universities.

China's education field has not attached great importance to music teaching. There are many problems in music teaching in academies, such as emphasizing skills and singing and neglecting music performance. Traditional theoretical teaching mode is usually adopted, which affects students' interest in learning. It is necessary to effectively reform the traditional teaching mode to improve the effectiveness of music teaching.

4. Requirements of applying Orff Schulwerk

4.1. Highlighting regional characteristics

The philosophy of Orff Schulwerk has gradually become localization since it was introduced into China. The localization of Orff Schulwerk has begun since its entry into China. At first, the domestic Orff music teaching practice copied the foreign experience. Liao Naixiong proposed that the introduction of Orff Schulwerk should be integrated into the excellent national culture and launched a localized Orff music education system with Chinese characteristics. In the teaching Orff music, the college music school should boldly learn from the advanced philosophies of foreign countries and form a characteristic Orff teaching mode[3].

Localization is the first principle in introducing Orff Schulwerk into college music teaching. Create music art with local characteristics. The Orff Schulwerk continues to absorb musical art form such as African xylophone, and the Orff Schulwerk has received widespread attention around the world. In the "Course Standard for Music" promulgated by the Ministry of Education in China, "Creating a good music environment inside and outside the school and developing music curriculum resources with regional and school characteristics" is set as the core of the compulsory education curriculum. At present, local music resources in China have not formed a complete local

music education system. The advanced foreign theories can help the research and innovation of ethnic music.

Break through the original interpretation framework, carry out various forms of folk music movement, and enhance the practice of Orff music. On the basis of music teachers' in-depth collection and compilation of folk music, students are encouraged to participate personally. Students should be taught to love the local culture of their hometown. The Orff education system has changed the past concept of teachers centered in the classroom, enhancing students' sense of closeness to the teaching content and making students feel the charm of music in the region.

4.2. Staying close to the pace of the times

Many teachers use local music forms for practical teaching, but they lack creativity in their application. To recognize the reference content of traditional music in China, college music schools should have a deep understanding on this issue in Orff Schulwerk, enhancing the sense of the times in music education in teaching practice.

First of all, we must carefully interpret the characteristics of Orff Schulwerk, connect theory with practice, combine Orff's music education theory with local music tradition to develop a localized Orff Schulwerk system that is easy for students to absorb.

5. Application measures of Orff Schulwerk

5.1. Emphasizing practical teaching,

Practical teaching is an important part of Orff Schulwerk in Conservatory of Music. The Orff Schulwerk philosophy emphasizes that teachers and students work together as the main body of music practice. The new curriculum standard and the Orff Schulwerk work together to become a means to enhance teachers' thinking about music education. The Orff Schulwerk is introduced into music teaching in colleges and universities, emphasizing on practical teaching. Teachers get rid of the indoctrination of theory and add local music expressions in the classroom. Introducing the Orff Schulwerk has stimulated students' learning motivation.

On the basis of practical teaching, the creativity of teachers and students is demonstrated, and the way of solving problems is explored in the classroom. After the teacher explained the theory, the music form used by the students is the creation after the understanding of Orff Schulwerk, which is of great help to enhance the creativity of the students.

In Orff Schulwerk, teachers should attach importance to the application of practical teaching, and take students as practitioners of classroom teaching to create a classroom teaching practice that is unified with the Orff Schulwerk philosophy.

5.2. Emphasizing socialized teaching.

In the Orff Schulwerk philosophy, people are the main body of education. The teaching should focus on cultivating students' ability to learn dialogue and to cooperate, and the teaching content is subtly integrated into the students' thinking. In the group performances of class practice, students are allowed to learn to help others on the basis of playing their roles well and to regard the stage as a whole. In this way, a person with a sound personality could be cultivated. In teaching, students should be taught to actively engage in dialogue and listen to other people's opinions that help to solve problems. Based on its original nature, the Orff Schulwerk socialized education model deeply understands the core ideas of Orff Schulwerk.

5.3. Emphasizing life-oriented teaching

The core of life-oriented is that music should be close to life. The actual music teaching content should be close to life, and it is necessary to stimulate students' initiative through typical life examples. In specific teaching, we should pay attention to returning to the life world of music, returning to the life world of innocence, seeking attention to real life in teaching.

The perception of music should be realized through the personal participation of students, and it is necessary to go deep into life to improve the sensitivity to art. In the teaching, children's

psychology should be paid attention to, and an environment suitable for children's growth should be created.

It is an inevitable trend to introduce Orff Schulwerk into music teaching in colleges and universities to practice the development of music education. The Orff Schulwerk highlights the regional characteristics, and keep pace with the curriculum characteristics of the times and can help students explore their own learning methods. The practice, socialization and life-oriented teaching should be attached importance to in the music teaching in colleges and universities to promote the continuous development of Orff Schulwerk practice to localization.

6. The practice of Orff Schulwerk

6.1. The application of language in music teaching

The Orff Schulwerk is an important course in college music teaching. In the practice of Orff Schulwerk, speech, movement and musical instruments are used interchangeably [4].

Different majors adjust the focus of teaching according to their own characteristics, which is a realistic reflection of the student-centered concept conveyed by Orff Schulwerk. In the Orff Schulwerk philosophy, the original music advocates the close combination of speech and dance, and the speech training helps the cultivation of music sense. Speech ability training is the focus of early music education. Chinese traditional music forms can be used as training materials for rhythm sense, which can cultivate students' keen musical perception and enhance music memory. The application of the Orff Schulwerk mode in college music teaching should place speech applications at an important position.

6.2. The application of movements in music teaching

Music and dance are the embodiment of the original nature of Orff Schulwerk. Dance expresses the concepts produced by feelings and other subjective experiences. Dance movements can express the emotional state of the individual in different states, and the ultimate goal is to eliminate conflicts with the self. The Orff Schulwerk philosophy emphasizes the role of dance movements to show the original educational philosophy of Orff Schulwerk[5].

In specific teaching, music teaching in colleges and universities should grasp the essence of originality of Orff music and find out the breakthrough point of dance teaching. Dance teaching should be able to express the innermost beliefs of the individual, so that the dance form reveals the inner form, allowing the body to experience the pleasure brought by the dance.

6.3. The application of musical instruments in teaching

Musical instruments are part of the Orff Schulwerk system. There are two types of percussion instruments, including instruments without fixed pitch in wood and leather, metal instruments and percussion instruments with fixed pitch such as bell and xylophone, etc. In the use of Orff instruments in China, instruments with no fixed pitch have a wide range of uses. Strip instruments require higher capital and equipment. Instruments in wood and leather are mainly used in the Orff music course.

In the practice of Orff Schulwerk, speech, dance, musical instruments, etc. have played a great role, so that the original nature of Orff music philosophy is displayed, which provides a good practical reference for the Orff Schulwerk in colleges and universities.

7. Conclusion

Orff is a world famous musician. The Orff Schulwerk he founded has a tremendous impact in the world, and has formed the Orff Schulwerk mode with characteristic in China. In the practice of Orff Schulwerk in colleges and universities, emphasis is laid on the application of speech and musical instruments in teaching. Developing and improving the curriculum building of Orff Schulwerk by highlighting regional characteristics and absorbing local culture. The Orff Schulwerk model is reformed with the characteristics of socialized and life-oriented teaching.

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